

**National Capital Baptist Convention of DC & Vicinity  
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**National Capital Congress of Christian Education  
Dr. Artie Polk, President  
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**SCHOOL FOR OVERCOMERS  
PASTOR REV. MONICA LOWE HOWARD, DIRECTOR**

***2026 Congress Theme: “United in Christ: Growing Together to Serve God”  
(Ephesians 4:16)***

***MONDAY, MAY 18, 2026 ~ 7:00PM TO 9:00PM***

**COURSE TITLE:** Run, Hope, Work, and PTG

### **COURSE DESCRIPTION**

In Ephesians 4:10-16, the passage distinguishes several spiritual gifts that benefit the church, and the body of Christ. If leaders and laity alike, are to transform the landscape, we must use these gifts to equip God’s people, to do His work and build up the church. This can be accomplished through the unity of our faith, and maturity in the Lord. As a disciple of Jesus Christ, you have also “overcome the world.” You are an Overcomer!

God has already won the victory on your behalf! you can choose to RUN, HOPE, WORK, and reflect PTG in continuing as an overcomer. If you choose not to overcome, then you cannot help anyone else while in pain, trauma and despair.

### **OBJECTIVES**

The purpose of this course is to enable the student to transform the landscape of his or her life as an overcomer or overcoming in the body of Christ, and the Church. As a result of completing this course, the student should be able to:

- Identify and write their status as an overcomer or overcoming depending on any trauma, pain, or despair currently happening in their lives.
- Comprehend what it means to *Run, Hope, Walk, and PT Growth* as an overcomer.
- Pinpoint and discuss the Scripture and Biblical Story that coincidences with the terminology; run, hope, walk, and pt growth
- As a result of this course, students will be given the opportunity to share their learnings and reveal what was helpful in transforming the landscape, based on biblical principles prior to taking this course.

## **SYLLABUS**

- **RUN:** Please don't run away from God. RUN TO GOD! He is always there.
- **HOPE:** Choosing Hope is a DELIBERATE DECISION!
- **WORK:** Working hard doesn't have to EQUATE TO BEING in overdrive 24/7.
- **PTG:** Reflect on examples of AREAS OF GROWTH which can be vast and varied.

## **RECOMMENDED READING AND RESOURCES**

- *The Holy Bible* (various versions)
- Notetaking devices and writing materials

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National Capital Baptist Convention NCCCE  
Washington, DC